

**EMPLOYEE ELDERCARE RELOCATION CHECKLIST**

* Ask your employer for the assistance of a professional relocation company. You will need help selling the existing home and learning more about the new location. Do not attempt to move without professional assistance.
* Consider hiring the services of a senior move management company. Check out the National Association of Senior and Specialty Move Managers website (www.nasmm.com) to locate local service providers. The time is now to sort through and downsize after years of accu­mulating.
* Before the move, search the internet for caregiving services, in-home services, hospitals, and houses of worship.
* Assess your elders’ long-term housing and assisted-living needs. Will they live with *you* or is another adult housing option more desirable?
* If your elders choose to live independently and in their own home, will in-home services be readily available if needed? Review chapter 9, “Housing,” in *The Complete Eldercare Planner* for additional housing tips.
* How will your elders get around town while you’re at work? Are they able to drive? Is public transportation accessible? Can they access on-demand transportation services?
* Discuss long-term health issues and the need to find a doctor in the new location.
* If relocat­ing overseas, how will health-care expenses be covered?
* Create a plan for staying in touch with your elder’s friends and family.
* Discuss the costs associated with living in this new location and create a budget you can live with.
* Will the neighborhood offer easy access to medical care, church, friends, personal services, and shopping? Is it safe for your elders to take a walk or sit outside?
* Will pets be allowed where they live?
* Is the climate and altitude suitable all year round?
* What’s the backup plan if your elders decide to move back home?

**Do not consider any housing arrangement if . . .**

* there are stairs (interior and exterior) to negotiate
* building codes will not allow outdoor ramps or first-floor bathrooms
* a spare room for a first-floor bedroom is unavailable
* there are no community in-home care or in-home medical services available
* transportation services are not available
* installing a first-floor washer and dryer is not allowed or possible
* the bathtub cannot be removed to install a step-in shower