

**MANAGING MEDICAL CARE ACTION CHECKLIST**

**PARTNERSHIP FOR QUALITY HEALTH CARE To Do By Completed**

**Create a plan if your elder refuses medical help** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Get HIPAA authorization from elder** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Become familiar with health-care professions** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Take active role in health care for better service**

Help elders track the pain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

Put everything in writing \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

Prioritize health issues \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

Conduct research \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Check medical staff board certifications**

**and licenses** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Make plans to accompany elders**

**to medical appointments** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Prepare for doctors’ appointments**

medical history \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

dental history \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

medication history \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Verify appointment in advance** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Consider a second opinion when applicable** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Switch doctors if unsatisfied** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Consider technology to assist with**

**in-home health care** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Pay attention to elderly dental care** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Gather and store personal medical records** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Manage medical bills \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** ❏

**Obtain contact information for**

doctor \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

dentist \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

health-care providers \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

emergency contact information \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

pharmacy \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

hospital \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

health insurance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Keep important phone numbers**

**immediately accessible** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Distribute phone numbers to**

**key family members** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**PATIENT CARE: IS SPIRITUALITY GOOD MEDICINE?**

**Assume personal responsibility for own**

**spiritual beliefs and professional practices** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Learn the spiritual and religious wishes**

**of your elders** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Help your elder to complete the**

**“Spiritual History Questionnaire”**

attach a copy of the document to

your elder’s medical/medications history \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

distribute copies to other family members \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

ask the doctor’s office to file a copy

with your elder’s medical records \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

attach a copy to all medical charts

when entering a health-care facility \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

**Access spiritual resources in the health-care setting**

Clergy \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

hospital chaplain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

community clergy and lay volunteers \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

interfaith chapel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

religious services \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

parish nurse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

seminars and support groups \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

palliative care and hospice \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏

physician \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ❏